

Sangre de Cristo School District RE-22J Plan 2022-23 School Year

Sangre de Cristo School District will remain open for in person learning for our students and staff for the 2022-23 school year. Our plan for remaining open is made with guidelines from Alamosa County Public Health and the CDC. We are expectant that our plans and procedures will allow our students and staff to remain safely in school and receive the education they deserve.

In the plan you will see the safety plans we have in place for our school and student events as well as what have in place in case a student becomes ill or lives in a household with an infected person and needs to have an extended absence. As with all great plans, this plan is subject to change without notice and as governing agents provide the latest information in times of growth and change. We welcome your feedback and questions.

Sangre de Cristo School Custodial Staff takes pride in the care and cleanliness of our facilities. In this plan, we will be focused on disinfecting daily with disinfecting foggers in each are following all CDC guidelines.

We Strongly Encourage Students, Staff and Visitors to:

- Remain home if you do not feel well (even without a fever)
- It is recommended that a face covering or mask is still worn if a positive COVID test occurs

Wash your hands often:

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place or after blowing your nose, coughing or sneezing.
- If soap and water are not readily available, use ad hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub hem together until they feel dry.
- Avoid touching your eyes, nose and mouth with unwashed hands.

Cover Coughs and Sneezes:

- Avoid touching your eyes, nose and mouth with unwashed hands.
- Throw used tissues in the trash.
- Immediately wash your hands according to instructions above.

Monitor Your Health:

- Be alert for symptoms. Watch for fever, cough, shortness of breath or other symptoms of COVID-19.
 - Do you have a cough?
 - Are you having difficulty breathing or shortness of breath?
 - Do you have the chills?
 - Do you have muscle aches?
 - Do you have a sore throat?
 - Are you experiencing loss of taste or smell?

Clean and Disinfect Regularly:

- In addition to daily cleaning and disinfecting from custodial staff, everyone should clean AND disinfect frequently touched surfaces regularly.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Disinfecting solution and towels will be in every classroom, office and common areas. Both students and staff should take precautions to wipe their areas down after use. Towels and rags will be washed daily.
- Make sure that equipment cleaning and disinfecting practices by students and staff in gyms, labs and shops are followed.

Classroom Practices

Sangre de Cristo School District believes that classroom-based instruction and structure to attend school on a day to day basis is crucial to our students' education as well as social well-being. To offer that opportunity, we have implemented the following practices for our classrooms. Sangre de Cristo Schools has a variety of spaces including traditional classrooms, labs, shops, band rooms and more and we ask that all staff follow the guidance below to the measure that is practical in your space. Although classroom spaces are being cleaned and disinfected daily by custodial staff, these additional practices are designed to increase safety throughout the school day with students.

Classroom Arrangements

- Disinfecting supplies, hand sanitizer and classroom plans for cleaning between classes will be in place.
- Make sure that equipment cleaning and disinfecting practices by students and staff in gyms, labs and shops are followed.
- Each classroom and lunchroom is equipped with a HEPA air filtration device that will help clean the air.

Transportation Department

- Require sick students to stay at home
- Buses will be cleaned and disinfected after each route
- Hand sanitizer will be on each bus

What Happens When Someone Becomes Sick?

The COVID -19 virus is spreading throughout our community and will continue to do so. We are well prepared for what to do when a student or staff member exhibits symptoms or tests positive for COVID-19. Students, staff and parents need to self-screen and if they exhibit symptoms they need to stay home. According the most recent CDC guidelines.

- The CDC recommends that instead of quarantine if you are exposed to COVID-19 that you wear a high-quality mask for 10 days and get tested on day 5 after exposure.
- The CDC recommends that if you test positive for COVID-19, you stay home for at least 5 days and isolate from others in your home. You are likely most infections during these first 5 days. .
- If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving or you never had symptom, you may end isolation.
- It is recommended to wear a high-quality mask through day 10 of your illness.

If a student or staff member becomes sick while at school and exhibits any COVID-19 symptoms (fever, upper respiratory concerns):

Teacher will call the School Nurse then student will be sent to the Nurse's Office where they will be:

- Evaluated by a school nurse and recommended to seek further medical attention.
- Asked whom they have been in close physical contact with (i.e. shared food or beverage, held hands, hugged...)
- Held in an isolation area until a parent/guardian comes to pick them up. (nurses office)

If a student or staff member is sent home from school with a fever but is NOT exhibiting COVID-19 symptoms:

- Must have no fever (fever of 100.4 or greater) for 24 hours without medication before returning to school.

We at Sangre de Cristo Schools want the best for our staff and students and feel that this plan will help to provide the safest and most conducive learning environment. If you have any questions please reach out to us at any time.