



**Sangre de Cristo SY23  
February 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Breakfast	4 Components Offered	2 grains, 1 Milk & Fruit or 1 grain, 1 protein, milk & fruit	All trays must have 3 components, 1 component must be 1/2 cup of fruit or fruit/vegetable combination	<b>Cartons of Milk alone .50</b> <b>Extra carton of milk .50</b> <b>Juice or yogurt alone .75</b>
Lunch	5 Components Offered	Grain, Milk, Fruit, Vegetable and Protein		
			1	2
Breakfast		Celebrating agriculture with Purple Potato Day! Brought to you by Jones Farms and Sangre Nutrition. <i>Wear Purple on the 7th</i>	Muffins & Juice	Pancakes
Lunch			Chili	Chicken Sandwich
	6	7	8	9
Breakfast	Biscuits & Gravy	Breakfast Pizza	Granola & Yogurt	French Toast
Lunch	Chicken Parm & Pasta	Ham & Purple Potatoes	Sangre Pinwheels	Turkey Sandwich
	13	14	15	16
Breakfast	Bagel & Cheese	Scrambled Eggs - Elementary Breakfast Burritos MS/HS	Muffin & Juice	Apple Strudel
Lunch	Pizza	Chicken & Cheesy Potatoes	Quesadillas	Grilled Cheese & Tomato Soup
	20	21	22	23
Breakfast	Biscuits & Gravy	Breakfast Pizza	Granola & Yogurt	Waffles
Lunch	Lasagna	Baked Potato Bar	Street Tacos	Hamburgers
	27	28		
Breakfast	Bagel & Cheese	Scrambled Eggs - Elementary Breakfast Burritos MS/HS		<b>MENU SUBJECT TO CHANGE</b>
Lunch	Pizza	Chicken Gravy & Mashed Potatoes		

Questions or concerns contact  
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**MENU SUBJECT TO CHANGE**

**All student eat breakfast &  
lunch free during school year  
22/23 . You must still pay for  
extra milk, juice or yogurt.**