



**Sangre de Cristo SY23
March 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Breakfast	4 Components Offered	2 grains, 1 Milk & Fruit or 1 grain, 1 protein, milk & fruit	All trays must have 3 components, 1 component must be 1/2 cup of fruit or fruit/vegetable combination	Cartons of Milk alone .50 Extra carton of milk .50 Juice or yogurt alone .75
Lunch	5 Components Offered	Grain, Milk, Fruit, Vegetable and Protein		
			1	2
Breakfast			Muffin & Juice	Green Eggs & Ham
Lunch			Street Tacos	Hot Dogs & Fries
	6	7	8	9
Breakfast	 Biscuits & Gravy	Breakfast Pizza	Granola & Yogurt	Waffles
Lunch	Build Your Soup	Chicken Nuggets and Roasted Potatoes	Nachos	BBQ Sandwich
	13	14	15	16
Breakfast	Bagel & Cheese	Scrambled Eggs - Elementary Breakfast Burritos MS/HS	Muffin & Juice	Apple Strudel
Lunch	Pizza	Ckn Gravy and Mashed Potatoes	Frito Pie	Hamburgers
	20	21	22	23
Breakfast	SPRING		National School Breakfast	MENU SUBJECT TO CHANGE
Lunch	BREAK			
	27	28	29	30
Breakfast	Biscuit & Gravy	Breakfast Pizza	Granola & Yogurt	Pancakes
Lunch	Spaghetti	Ckn Gravy and Mashed Potatoes	Sangre Pinwheels	Deli Sandwich

Questions or concerns contact
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**All student eat breakfast &
lunch free during school year
22/23 . You must still pay for
extra milk, juice or yogurt.**