# Upcoming Events

## District

4/9    School Board Meeting @ 6 pm  
5/24   Graduation

## Track & Field

4/13   Del Norte Tiger Invitational  
4/19   Rye Thunderbolt Invitational  
4/27   Alamosa High Altitude Invitational  
5/2    SPL Del Norte  
5/3    Walsenburg Invitational  
5/10   Monte Vista Last Chance Meet  
5/11   John Tate Elite - Pueblo  
5/16-5/18 State Track – Lakewood

## MS Track

4/20   @ Monte Vista  
4/26   @ Centauri  
5/4    @ Sangre de Cristo

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## District News:

**The First Week of Standardized Testing is Done!!!**

We would like to give a round of applause to all our students for making it through this first week of testing! Give yourselves a pat on the back.

## Preparing Your Student(s) for Standardized Testing

With standardized testing coming up these next few weeks many students are feeling anxious.

To reduce test anxiety there are a few things that can be done at home:

1. Make sure they get plenty of sleep during testing weeks
2. Allow them to destress/decompress after days they have tested.
3. Make sure they eat filling dinners at home
4. Help them stay calm during the evenings to reduce feeling overwhelmed.
5. Give them all the encouragement and support you can muster.

## Upcoming Testing Schedule

CMAS April 8–18  
SAT 11th graders April 17th
District News:

UPK Family Registration

Family registration for the 2024–2025 Colorado Universal Preschool Program opened on February 29th, 2024.

All children in Colorado can register for up to fifteen hours per week of funding for high-quality preschool in their year before kindergarten.

Children need to be four years old before June 1, 2024. Some three-year-old slots may be available, depending on qualifying factors.

Visit upk.colorado.gov to register.

Questions? Contact Jenene Holcomb at Sangre de Cristo Preschool, 719-378-2321 or jeneneholcomb@sangreschools.org.